

Meet Our Outpatient Rehab Therapists

Dr. Vicki Wilkins, PT, DPT, FAAOMPT, C/NDT

Doctor of Physical Therapy; Outpatient Rehabilitation Manager



Vicki received her Doctorate degree in physical therapy, and brings 17 years of clinical experience to the JSL multidisciplinary outpatient program. She has extensive post-graduate training in the assessment and treatment of orthopedic problems. She is a certified Fellow of the American Academy of Orthopedic Physical Therapists, specializing in the assessment and manual treatment of orthopedic conditions. She has successfully completed the post-graduate curriculum for the McKenzie Method, Mechanical Diagnosis and Therapy (MDT), a world-wide approach for the assessment and treatment of neck, back and extremity problems. Most recently, Vicki was accepted to sit for her Board Certification in Orthopedics (OCS) by The American Board of Physical Therapy Specialists (ABPTS).

Vicki is a Certified Neuro-Developmental Treatment (NDT) physical therapist, and has completed advanced-level NDT course work. The Neuro-Developmental Approach is a world recognized advanced therapeutic approach to the assessment and treatment of neurological disorders. "She brings years of clinical expertise in the treatment of balance and vestibular disorders, including the interpretation and utilization of Computerized Dynamic Posturography (CDP).

Vicki's professional associations and memberships include:

- American Physical Therapy Association (APTA)
- APTA Orthopedic Section Member
- APTA Geriatric Section Member
- APTA Neurological Section Member
- American Academy of Orthopedic Manual Physical Therapists (AAOMPT)
- McKenzie Institute of USA (MIUSA)
- Neuro-Developmental Treatment Association (NDTA)

Dr. Melanie Van Cura, PT, DPT, C/NDT

Doctor of Physical Therapy; Certified Neuro-Developmental Treatment Therapist



Dr. Van Cura, a Physical Therapist at Jewish Senior Life since 2007, works in the Outpatient Rehabilitation Program as a full time Physical Therapist. She earned her Doctorate in Physical Therapy from Daemen College and completed certification from the Neurodevelopmental Treatment Association for the treatment of adults with hemiplegia. NDT is a world renowned advanced therapeutic approach to the assessment and treatment of neurological disorders.

Melanie also excels at treatment of adults with balance and gait disorders, and enjoys assisting people to regain their independence at home. Her therapeutic approach includes understanding patient goals and working towards optimizing their functional abilities, so the patient is able to return to their normal daily activities and hobbies. She also has extensive experience treating patients with various orthopedic conditions, including spinal conditions, joint pain, muscle weakness, and joint replacements.

Melanie's professional associations and memberships include:

- American Physical Therapy Association (AOTA)
- Neuro-Development Treatment Association (NDTA)

Tricia Rupright, MS, OTR/L, C/NDT

Occupational Therapist



Tricia has her Masters of Science in Occupational Therapy from Russell Sage College and has over 13 years of clinical experience in occupational therapy, including outpatient, inpatient, acute rehab, home health and long-term care settings. Her focus for the past 10 years has been in the outpatient setting treating adults with various neurological disorders and

orthopedic dysfunctions. Tricia has worked extensively with patients with the following diagnosis: Cardiovascular Diseases (CVA), Traumatic Brain Injuries (TBI), and Spinal Cord Injuries (SCI). She has also worked with a number of Certified Hand Therapists to treat various hand and shoulder injuries and wound care. Tricia is certified in Neuro-Development treatments, Ergonomics, Work Hardening and Work Conditioning, and Functional Capacity Evaluations.

Tricia's professional associations and memberships include:

- American Occupational Therapy Association (AOTA)
- Nationally Board Certification in Occupational Therapy (NBCOT)

Margaret Zlotnick, MS, CCC-SLP

Speech Language Pathologist



Margaret is a graduate of Nazareth College and Boston University and has a Master of Science degree in Speech Language Pathology and Certificate of Clinical Competence in Speech Language Pathology. She brings 22 years of clinical experience to the JSL outpatient rehabilitation program. She specializes in the treatment of adults with neurological disorders who have

difficulty in the areas of speech, language, and cognition. She has extensive training in the diagnosis and treatment of swallowing disorders. Margaret is a certified Endoscopist, providing Fiberoptic Endoscopic Examination of Swallowing (FEES), to aide in the diagnosis and treatment of these swallowing disorders. Margaret also utilizes biofeedback assisted swallowing treatments (sEMG) and is trained in Modified Barium Swallow studies (MBS).

Margaret's professional associations and memberships include:

- American Speech and Hearing Association (ASHA)
- Greater Rochester Area Medical Speech Pathologists (GRAMS)

Courtney Porray, RD, CDN

Registered Dietician; Certified Dietetic Nutritionist



Courtney has been a Registered Dietician for over four years and is a Certified Dietetic Nutritionist. She is a graduate of the Rochester Institute of Technology with a Bachelors Degree in Nutrition Management, and completed her Dietetic Internship at Syracuse University.

Courtney's professional associations and memberships include:

- American Dietetic Association (ADA)
- New York State Dietetic Association (NYSDA)
- Genesee Dietetic Association district member

Joseph Corriea, PT

Physical Therapist



Joe received his Bachelors Degree in Physical Therapy from the University of Buffalo and has been practicing for over 11 years. He obtained extensive experience in various settings across the country as a traveling physical therapist, including acute hospital, short-term rehab, long-term care, home health physical therapy, and outpatient orthopedic clinics, including aquatic physical therapy. He has extensive experience with the orthopedic spine population.

Joe has completed post-graduate advanced level training in the assessment and treatment of low back dysfunction, core trunk strengthening, and Neuro-Development Treatment (NDT) and Motor Learning for the treatment of stroke.



Outpatient Rehabilitation

Comprehensive Physical Rehabilitation Services

Jewish Home of Rochester Location
2021 Winton Road South ♦ Rochester, NY 14618
(585) 784-6530

Jewish Community Center Location
1200 Edgewood Avenue ♦ Rochester, NY 14618
(585) 784-6539

