



March/ April Dinner

Passover

Sunday 22	Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27	Saturday 28
Salisbury Steak Mushroom Gravy Peas & Carrots Mashed Potatoes Cantaloupe/Honey Dew~ Turkey Burger~ Cauliflower Baked Chicken	Chicken Noodle Soup Stuffed Chicken Breast Broccoli Baked Potato Sliced Apples Hot Dogs Yellow Beans Baked Chicken~	Roasted Brisket Sweet Potato Cauliflower & Peas Raspberry Cream Cake Diet Raspberry Cake Hot Turkey Sandwich Prince Edward Blend Baked Chicken~	Beef Vegetable Soup Oven Fried Chicken Steak Fries Corn w/pimento Fruited Jell-O/Diet Veal French Rice Pilaf, Green Beans Baked Chicken~	Meat Loaf w/ Gravy Mashed Potatoes Carrots Bread Pudding Diet Bread Pudding Chicken Tenders~ Snap Peas Baked Chicken	Chick Luckshen Soup Chicken Marcella Noodles Yellow Squash Lemon Pound Cake Wine/ Beef Tips Spinach/Rice Baked Chicken~	Knockwurst on Roll Sauerkraut** Pickled Beets Apricot Strudel Diet Strudel Hot Roast Beef~ Brussel Sprouts Baked Chicken
29	30	31	1	2	3	4
Goulash California Blend Jell-O/Diet Jell-O Grilled Chicken Sandwich Waxed beans Baked Chicken	Beef Vegetable Soup Chicken Stir Fry~ Vegetable Eggroll~ White Rice~ Apricots Shaved Beef on a Roll Carrots Baked Chicken	Beef Pot Roast Potato Kugel Peas Fruit Cobbler Chicken Cacciatore Bow Ties Cauliflower Baked Chicken~	Chicken Spaetzle Soup Hamburger Baked beans Cuke Tomato Salad* Fruit Cocktail Chicken Stew w/ Noodles Carrots Baked Chicken~	Spaghetti with Meat Sauce Garlic Bread** Garden Salad Frosted Cake Chicken French Green Beans Baked Chicken	Chicken Noodle Soup Oven Roasted Chicken Asparagus Bread Dressing Cherry Pie/Wine BBQ Ribs Corn	S & S Stuffed Cabbage Spiced Apples** Mashed Potatoes Tropical Mix Cold Poached Salmon Tomato Salad** w/Raspberry Vinaigrette Baked Chicken~
5	6	7	8	9	10	11
Sweet & Sour Meatballs Rice Mixed Vegetables Jell-O/Diet Jell-O Baked Haddock Mashed Potatoes Harvard Beets Baked Chicken	Tuna w/ american cheese on a croissant Tossed Salad Pears Egg Salad Three Bean Salad	Chicken Salad Dinner Roll Potato Salad Fresh Fruit Tuna Salad Egg Salad	Chicken Noodle Soup Chicken Marcella Tzimmes Zucchini Jelly Roll (free) Wine Turkey Parsnips	Chopped Liver Brisket Potato Kugel Lemon Basil Carrots Sponge Cake (free) Wine Baked Chicken Swiss Chard	Vegetable Soup Roasted Chicken Oven Roasted Potato Broccoli Brownie (apple slices) Wine Baked Veal Cauliflower	Cabbage Roll Whipped Potatoes Mushroom Salad Fruit Compote Baked Chicken Carrots
12	13	14	15	16	17	18
Roast Turkey - gravy Sweet Potatoes Asparagus Cookies (apricots) BBQ Ribs Brussel Sprouts Baked Chicken	Chicken Vegetable Soup Baked Veal Cous Cous Fresh Squash Apple Slices Baked Chicken Broccoli	Chicken Stew Noodles Tossed Salad Cake (unfrosted) Wine BBQ Ribs Parsnips Baked Chicken~	Matzo ball Soup Roast Beef w/gravy Oven Brown Potatoes Carrot Kugel Mandel Bread free	Cabbage Soup Meatloaf - gravy Whipped Potatoes Yellow Squash Mandarin Oranges Teriyaki Chicken Carrots	Chick Luckshen Soup Chicken Marcella Noodles Yellow Squash Lemon Pound Cake Wine/ Beef Tips Spinach/Rice Baked Chicken~	Knockwurst on Roll Sauerkraut** Pickled Beets Apricot Strudel Diet Strudel Hot Roast Beef #* Brussel Sprouts Baked Chicken
Daily Meal Substitutions Egg Salad Tuna Salad Gefilte Fish Mashed Potatoes				Beverages Cranberry, Apple, Orange, Apricot, Prune, & Tomato Juice Decaf Coffee Regular Hot Tea Iced Water Milk (Dairy Meals) 		