



# The Many Faces of Outpatient Rehabilitation

By Chad Mapes

People today are living longer lives than ever before, and those of us who provide health care and therapies are seeing a dramatic shift in the healthcare needs of our community. We are encountering more medically complex patients with multiple challenges. Outpatient rehabilitation today is no longer simply for physical therapy after a joint replacement or occupational therapy after a stroke. It encompasses a multitude of treatments for a multitude of health situations, and technology continues to advance at lightning speed to better treat these complex conditions.

The Atkin Center for Outpatient Rehabilitation is fortunate to have these latest technologies, as well as experienced clinicians with the expertise to address these complex issues. As part of Jewish Senior Life™, we have a long and proud history of providing excellent care and services to area seniors. While we offer a full continuum of care with independent living, assisted living and long-term care all on our Brighton campus, we know that many people want to stay in their own homes as long as possible. Therefore, we have developed a full range of community-based services that enable people to remain longer and safer in their homes as they age. The Atkin Center for Outpatient Rehabilitation is one of those programs that can help people do just that - remain at home.

Interestingly, when people search the internet for outpatient rehabilitation, many of the search results are for drug rehabilitation facilities, as opposed to physical rehabilitation centers. Some people do not search at all and just take the word of their physician on where they should go for rehabilitation. In addition, since Jewish Senior Life is known for providing services for seniors, people sometimes assume that we only treat individuals who are of a certain age. This can all be very confusing.

The truth is that every one of us has a choice on where to go for rehabilitation therapies and services. While it is best to choose a location with clinicians that have excellent reputations, credentials and outcomes, many choose based on location for convenience sake.

At the Atkin Center for Outpatient Rehabilitation, we offer transportation to our patients so that they can easily get to us and have those excellent one-to-one therapy sessions with expert clinicians. We provide rehabilitation therapies to adults of all ages, including those with sports injuries, and have also treated certain cases where children were in need of our specialized services. Those individuals with medically complex conditions and multiple physical challenges, such as those with neurological disease or traumatic brain injuries, need to be treated by clinicians with specialized expertise in those areas, and with a variety of treatments, programs and rehabilitation equipment. With our state-of-the-art center and innovative techniques, our specialists have the skills and the tools to work with people of all ages, abilities and modalities.

So, choose the outpatient rehabilitation location that you feel most comfortable with and confident in, and where you can get individualized attention from experienced professionals. Your progress toward your rehabilitation goals will be all the better for it.



## ABOUT THE AUTHOR

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