

September Dinner Menu

Sunday	Monday	Tuesday 1	Wednesday 2	Thursday 3	Friday 4	Saturday 5
		Hearty Split Pea Soup Beef Bourekas (grd beef,mashed in puffed pastry) Kasha Varnishkes Prince Edward Blend Mandarine Oranges Baked Chicken Drums Zucchini	Lokshun Soup Baked Chicken Drums Oriental Mix Roasted Sweet Potato Pears Beef Stroganoff over Noodles Carrots	Beef Barley Soup Meat Loaf Green Beans Mashed Potatoes Bread Pudding Chinese Chicken & Broccoli White Rice Egg Rolls w/ Soy Sauce	Matzo Ball Soup Honey Glazed Chicken Carrot Souffle Sponge Cake w/ Strawberries Stuffed Bell Pepper Mashed Potatoes Capri Blend	Stuffed Cabbage Mashed Potatoes Tropical Jello Baked Chicken Drums Broccoli
6	7	8	9	10	11	12
Red Bean Soup Herbed Lemon BBQ Chicken Mashed potato Cauliflower Apple Slices Lamb Stew Carrots	Harvest Soup Sweet & Sour Chicken Stir Fry Rice California Blend Jell-O/ Diet Jell-O Swedish Meatballs Egg Noodles/Spinach Salad Veggie Burger	Cabbage Soup Chicken & Biscuits Peas Apple Berry Crisp Honey Glazed Salmon Mashed Potatoes Pickled Beets	Mulligatawny Soup Salisbury Steak Roasted Potatoes Oriental Mix Mixed Fruit Baked Chicken Drums Brussel Sprouts	Chicken Vegetable Soup French Onion Rst Beef Sandwich Green Beans Mashed Potatoes Peach Crunch Cake Chicken Pot Pie	Chicken Rice Soup Cranberry Brisket Tzimmes Broccoli Citrus Pound Cake Baked Chicken Drums Mashed Potatoes Spinach	Turkey w/Gravy Stuffing Corn Brownie Baked Chicken Drums Yellow Beans
13	14	15	16	17	18	19
Matzo Ball Soup Honey Glazed Chicken Baked Sweet Potato Cauliflower / Peas Honey Cake Sloppy Joe on Roll Apples & Honey Challah/ Wine	Mini Beef Knish with Gravy Carrots / Corn on the Cob Pineapple BBQ Chicken Legs Mashed Potatoes Apples & Honey Challah/ Wine	Persian Soup Chicken Marengo Spanish Rice Prince Edward Blend Banana Cream Mousse Beef Burgundy Roasted Butternut Squash Apples & Honey / Challah/ Wine	Hearty Beef & Bean Soup Boneless Chicken Thighs Rice Corn Fruit Cocktail Poached Salmon Cauliflower	Tuscan Tomato Soup Mini Rigatoni w/ Meatballs Butter Beans Mandarin Oranges Balsamic Chicken Drums Carrots	Chicken Noodle Soup Braised Chicken Broccoli Potato Kugel Peach Pie Roasted Veal Capri Blend	Knockwurst on Roll w/ sauerkraut Baked Beans Green Beans Tropical Jello Baked Chicken Drums Corn
20	21	22	23	24	25	26
Turkey & Wild Rice Soup Hungarian goulash Tossed Salad Apple Slices Baked Chicken Drums Baked Potato Wax Beans	Barley Fennel Soup Chicken French Rice Florentine Cauliflower Fruit Cocktail Braised Beef w/ Garlic-Tomato Sauce Mashed /Brussel Sprouts	Kreplach Soup Beef Bourekas (grd beef,mashed in puffed pastry) Kasha Varnishkes Prince Edward Blend Mandarine Oranges Baked Chicken Drums Zucchini	White Fish Salad Sandwich Marinated Beets Pears Chilled Tex Mex Wrap with Shredded Lettuce and Salsa	Beef Barley Soup Meat Loaf Green Beans Mashed Potatoes Bread Pudding Chinese Chicken & Broccoli White Rice Egg Rolls w/ Soy Sauce	Matzo Ball Soup Honey Glazed Chicken Carrot Souffle Sponge Cake w/ Strawberries Stuffed Bell Pepper Mashed Potatoes Capri Blend	Stuffed Cabbage Mashed Potatoes Tropical Jello Baked Chicken Drums Broccoli
27	28	29	30			
Red Bean Soup Lamb Stew Mashed potato Cauliflower Apple Strips Herbed Lemon BBQ Chicken Carrots Challah/ Wine	Harvest Soup Apple Chicken Cranberry Rice Calif. Blend/Spinach Salad Pumpkin Pie Swedish Meatballs Noodles Challah/ Wine	Cabbage Soup Chicken & Biscuits Peas Apple Berry Crisp Honey Glazed Salmon Mashed Potatoes Pickled Beets Challah/ Wine	Mulligatawny Soup Salisbury Steak Roasted Potatoes Oriental Mix Mixed Fruit Baked Chicken Drums Brussel Sprouts			